



## **Logic Model 2014-15**

# **Underage Drinking**

Data: 30-day-use for 9<sup>th</sup> grade leaps from 13.0% to 33.8% among 10<sup>th</sup> graders (Merrimack YRBS\* 2013, P#43, n603)

Of 9<sup>th</sup> and 10<sup>th</sup> graders who had a drink of alcohol in the past 30 days, 38.9% obtained it by having someone give it to them. (YRBS 2013, P#46, n603)

### **Root Cause**

## **Environmental stress in Merrimack** interferes with youth connectedness

Data: 26.8% of 9<sup>th</sup> to 12<sup>th</sup> graders report having been bullied on school property in past 12 months. (YRBS 2013, P24, n1163)

Data: 31.4% of 9<sup>th</sup> to 12<sup>th</sup> grade students felt so sad or hopeless over the past 12 months that they stopped doing some usual activities. (YRBS 2013, P27, n1163)

# There is a lack of communication and role modeling among all ages

Data: 72.3% of 9<sup>th</sup> to 12<sup>th</sup> graders agree or strongly agree that their parents have clear rules and standards for their behavior. (YRBS 2013, P78, n1163)

Data: 20.0% of students rode in a vehicle in the past 30 days driven by someone who had been drinking alcohol. (YRBS 2013, P14, n1163)

### **Local Conditions**

# Youth in Merrimack are self-medicating with alcohol and other drugs

Data: 22.2% of 9<sup>th</sup> graders seriously considered attempting suicide during the past 12 months. (YRBS 2013, P28, n294)

Data: 3.2% of 11<sup>th</sup> and 12<sup>th</sup> graders attempted suicide that required treatment by a doctor or nurse within the past 12 months. (YRBS 2013, P30, n560)

### Increase parental awareness of risks and communication skills

Data: 47.3% of 9<sup>th</sup> to 12<sup>th</sup> graders talked with a parent about dangers of alcohol or drug use during the past 12 months. (YRBS 2013, P79, n1163)

Data: 52% of 7<sup>th</sup> and 8<sup>th</sup> grade Parents disagree or strongly disagree that alcohol is widely abused by youth under 18 in our community. (2014 Parent Survey, Q4g, n53)

### Youth in Merrimack are taking unsafe risks

Data: 24.8% of students who had sex used alcohol or other drugs before the last time. (YRBS 2013, P62, n1163)

Data: 37.2% of 9<sup>th</sup> to 12<sup>th</sup> graders agree or strongly agree that they feel like they matter to people in their community. (YRBS 2013, P82, n1163)

# Peers lack tools to support each other

Data: 52.2% of 9<sup>th</sup> to 12<sup>th</sup> graders think their friends feel it's wrong or very wrong if the student has one or two alcoholic drinks nearly every day. (YRBS 2013, P88, n1163) Data: 10.5% of 12<sup>th</sup> graders approve or strongly approve of someone their age having one to two drinks nearly every day.

(YRBS 2013, P95, n1163)

<sup>\*</sup>YRBS is the Youth Risk Behavior Survey administered every other year by the US Center for Disease Control and Prevention and NH Department of Education.

# **Prescription Drug Abuse**

Data: 26.1% of 11th and 12th graders used prescription drugs without a doctor's prescription in their life. (YRBS 2013, P56, n560).

61% of 9th to 12th grade students think people are at great risk of harming themselves if they take a prescription drug without a prescription. (YRBS 2013, P86, n1163)

### **Root Cause**

### Prescriptions are readily available

Data: 23.7% of 9th to 12th graders were offered, sold or given illegal drug on school property during past 12 months. (YRBS 2013, P58, n1163)

Data: 21.1% of 9th to 12th graders think it would be easy to get prescription drugs without a prescription if they wanted to. (YRBS 2013, P100, n1163)

# Lack of clear info and expectations about the danger of using prescription drugs

Data: 79.8% of 7th and 8th grade Parents indicated they are concerned about the use of drugs in our community. (2014 Parent Survey, Q4e, n114)

Data: 44.4% of 7th and 8th grade Parents indicated that they think prescription drugs are widely abused by youth under 18 in our community. (2014 Parent Survey, Q4j, n99)

### **Local Conditions**

# **Environmental stress results in easy access to prescriptions**

Data: 11.3% of 7th and 8th grade parents lock their prescription drugs in a safe place. (2014 Parent Survey, Q14, n126)

Data: Since partnering with the DEA for Take Back events in 2010, Merrimack Police Department has collected 1156 pounds of unneeded prescription meds. (Merrimack Police 12/2013)

# There is a communication disconnect between parents and youth

Data: 96.6% of 7th and 8th Parents indicate that they have clear rules about drug use. (2014 Parent Survey, Q9), n116)

Data: 39.12% of 7th and 8th grade students reported talking with at least one parent about drug use during the past 12 months. (2013 Adapted Youth and Young Adult Survey, n570)

# Teens don't realize the danger of using prescription meds as a "quick fix"

Data: 73.3% of 9th to 12th grade students think their friends feel it is wrong or very wrong for the student to take a prescription drug without a prescription. (YRBS 2013, P90, n1163)

Data: 14.5% of 11th and 12th grade students used prescription drugs without a prescription in the past 30 days. (YRBS 2013, P57, n560)

# Parent communication around drug use relaxes as youth grow older

Data: 1.9% of 7th and 8th grade students reported using prescription drugs without a prescription. (2013 Adapted Youth and Young Adult Survey, Q1f, n570)

Data: 3.7% of 9<sup>th</sup> graders and 8.1% of 10<sup>th</sup> used prescription drugs in the past 30 days without a prescription, rising to 16.4% by 12th grade. (YRBS 2013, P57, n294 & 309, 275)

<sup>\*</sup>YRBS is the Youth Risk Behavior Survey administered every other year by the US Center for Disease Control and Prevention and NH Department of Education.